**WHY CONVENTIONAL MEDICINE NEEDS INTERACTION WITH**

**COMPLEMENTARY HEALING METHODS**

***MEDICAMENT SOMETIMES BRINGS BACK***

***AND SOMETIMES TAKES AWAY HEALTH.***

***(Eripit interdum, modo dat medicina salutem)***

**Publius Ovidius**

Conventional medicine has advanced greatly, especially in the last century. It has developed powerful diagnostic, surgical methods; a great leap is noticed in the genetic and nuclear research, but on the other hand, it treads in the dark when it comes to malign and chronic diseases. Why? Conventional medicine looks at a human being as separate, almost exclusively physical, ignoring the holistic approach, the unity of spirit and body. The body is as healthy as it has healthy energy from non-physical levels.

***A SOUND MIND IN A SOUND BODY IS A STUPID PROVERB.***

***SOUND BODY IS THE PRODUCT OF SOUND MIND.***

*George Bernard Shaw*

Medicine remained „scotched“ in treatment of some diseases at the symptomatic and pharmacological level that usually ends on treatment of symptoms. Symptom is an alarm, an indicator that something is wrong in the state of our health. By treating symptoms, the real problem is suppressed so the results of healing are often partial or short-term. In order for healing to be complete, deeper, it is necessary to observe a human being in his or her entirety – at the physical and the spiritual level. It is here where various complementary healing methods can help medicine. Such an interaction is a win-win situation, especially for the patient. Disease is a cry of the human organism alarming about something wrong in the way of thinking, way of life, treatment of oneself. It is a signal that we need to change something because bad life habits, bad thoughts, bad mental and emotional patterns have led to illness.

***DISEASE IS A NATURAL THING, IT BELONGS TO LIFE,***

***BOTH TO ITS PHYSICAL,***

***AND TO ITS SPIRITUAL FORM.***

***BUT NOT ONLY IS THE DISEASE NATURAL, IT IS ALSO NEEDED,***

***BECAUSE IT PURIFIES A BEING FROM THESEDIMENTED PHYSICAL AND SPIRITUAL DIRT.***

**Paracelsus**

Complementary healing methods aren’t magical or omnipotent, but they are powerful because they represent a spectrum of various therapy methods that incite immunological potentials in the body and activate the process of self-healing.